Press Release



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Down There: Sexual and Reproductive Health the Wise Woman Way

Woodstock, NY- May 12, 2011-What would your private parts say if they could speak? The pelvic floor, bladder, prostate, cervix, clitoris, uterus, ovaries, and lots of other pelvic parts have their say in Susun Weed's new book (forthcoming June 2011) Down There: Sexual and Reproductive Health the Wise Woman Way.



Weed, the voice of the Wise Woman Tradition, has spent the last twenty-five years listening to what's between our legs. Her new book gives voices to all those parts, describes them in health, and offers alternative, complementary, integrative, homeopathic, and allopathic remedies for their distresses. Whether your "down there" gives you pleasure or pain, Ms. Weed's simple, successful, strategies optimize health.

This book, like her four others:

Wise Woman Herbal for the Childbearing Year Healing Wise

New Menopausal Years the Wise Woman Way Breast Cancer? Breast Health! The Wise Woman Way is destined to be a cherished reference for everyone, man or woman, with a "down there."

Weed is available for print, Internet, radio, and television interviews. Ask her how to increase libido, have a healing orgasm, and improve post-menopausal sex. Ask her how to deal with prostate problems, incontinence, HPV, PCOS, UTIs, LUTS, BPH, STDs/STIs, vulvodynia, pelvic pain, and more.

Follow Susun Weed on all social media including Facebook, Twitter, and Yelp.

Advance praise for Down There: Sexual and Reproductive Health the Wise Woman Way

"Weed's new book, *Down There*, is full of beauty, truth, wisdom, and healing. It's a treasure."

Christiane Northrup, MD, author of the New York Times bestsellers: *Women's Bodies*, *Women's Wisdom* and *The Wisdom of Menopause*

"Once again, Susun Weed has carefully crafted a book that is sure to help us all become more in touch with ourselves and our emotional, as well as physical well-being. *Down There* is a one-of-a kind book. I loved the personal stories and solid information."

Kathi Keville, director American Herb Association, author Women's Herbs, Women's Health

"Down There: Sexual and Reproductive Health the Wise Woman Way offers us a way to look at, and laugh, at what we often talk about the least. A long-awaited, thought-provoking, entertaining, and informative book . . . as only she can write."

Andrea and Matthias Reisen, Healing Spirits Herb Farm

About the author: Susun S. Weed has an international reputation as an extraordinary teacher with a powerful presence, a joyful spirit, and an encyclopedic knowledge of herbs and health. Her Wise Woman Herbal Series is available in English, German, French, Japanese, Spanish (forthcoming), and Dutch (forthcoming). She aims to restore herbal medicine to its rightful place as people's medicine. She speaks for healing through nourishment with simple, safe, common herbs. ~ For complete events schedule: www.susunweed.com ~ For interview queries, call: 845-246-8081 ~ email wisewoman@herbshealing.com